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APR 25 1995

Volume 8, Issue 3

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March 1995

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Communique

REGIONAL TEACHER TRAINING PROGRAM

The Office of Public Instruction HIV/AIDS/STD Education Program's regional teacher training program is in its fifth year of providing trainings to Montana educators.

The teacher training program involves 18 trainers located throughout the state available to conduct five to six-hour HIV/AIDS/STD education training workshops, ancillary staff workshops and short AIDS awareness community presentations. The teacher trainings consist of teaching strategies and classroom activities in HIV/AIDS/STD education and Health Enhancement, technical and medical aspects of HIV as a disease, policy and policymaking procedures, universal precautions and body fluid clean-up, and resources and materials.

If your school district is interested in hosting a workshop for the Fall PIR requirements, it is important to begin scheduling now. Please contact the OPI HIV/AIDS/STD Education Program for more information.

HEALTH ENHANCEMENT MASTER TEACHER PROGRAM

The Health Enhancement Master Teacher Program is a cooperative effort of the Office of Public Instruction (OPI), the Montana Association of Health, Physical Education, Recreation and Dance (MAHPERD), and Montana State University (MSU). The program, initiated in the summer of 1994, brings together approximately 25 Montana teachers for an intensive two-week (June 11-23, 1995) summer training at MSU focusing on Health Enhancement. The teachers selected to attend the program will serve as resources for their local school districts and regions regarding the implementation of Health Enhancement programs.

The teachers selected will represent, as much as possible, the various geographical regions of the state. The deadline for returning applications is April 1, 1995. Selections will be made, and applicants will be notified during April 1995.

For more information regarding the program or to receive an application, please call Spencer Sartorius, 444-4434, at the Office of Public Instruction.

MODEL POLICY AND PROCEDURES WORKSHOPS

In a joint effort, the Office of Public Instruction and the Montana School Boards Association will provide two workshops for school administrators and board trustees regarding model policy and procedures for communicable diseases, including HIV. The workshops will be held May 23 in Billings at the Holiday Inn, and May 25 in Missoula at the Holiday Inn Parkside. Pre-registration forms will be sent to school administrators at the end of April.

The workshops will provide school administrators and school board trustees the opportunity to develop a legal and sound communicable disease policy and procedures document that is specific to their district. Workshop participants will be provided information regarding communicable diseases including HIV, and legal staff from the Office of Public Instruction and the Montana School Boards Association will be present to provide technical assistance to school district representatives.

Eligible workshop participants will receive five renewal units for recertification purposes. For more information, please contact Laurie Kops, OPI, 444-3178 or Janice Doggett, MSBA, 442-2180.

COMMUNICABLE DISEASE POLICY DOCUMENT

The Office of Public Instruction has produced a third document, *Policies and Procedures*, to assist school district personnel in providing specific policies and procedures to address school-based HIV and general communicable disease issues—education, infected students and

staff, and worksite safety (universal precautions).

The model policies and procedures in this guide are consistent with federal and state public health recommendations and with federal and state laws on discrimination and disability. The policies and procedures provide guidance that is understandable, effective, non-discriminatory and non-exclusionary.

The *Policies and Procedures* document is available by requesting a copy from the OPI HIV/AIDS Education Program or by attending one of the policy workshops mentioned above.

RESOURCE MATERIALS REVIEW

Each issue of the *Communique* includes a section on resource materials that have been reviewed by a Montana educator and will contain a short synopsis on the materials. The materials are valuable to Montana administrators, educators and school nurses for use in HIV/AIDS education and in comprehensive school health education. This issue's review:

"Views of Children in Health Policy Formation: Opinions of Children Can Make an Impact," Brian R. Barthel, Stephanie McLean and Kym Atwood, *Journal of Health Education*, November/December 1994, Volume 25, No. 6, 370-371."

Health educators have a great deal of influence on young minds. Because of this, they must constantly be aware of the ethics involved in designing health education curriculum. Using the power of children in formulating health education has been successful in the 1991 Smoke-Free Class of 2000 campaign in northwest Florida. This article discusses planning and implementation of that campaign, the impact the campaign had on legislators in Florida, and implications for using similar strategies for other health-related topics.

"A Survey of Rural Parents' Attitudes Toward Sexuality Education," Kathleen J. Welshimer, Shirley E. Harris, *Journal of School Health*, November 1994, Volume 64, No. 9, 347-352.

We know that local attitudes and values will influence how supportive a community is of sexuality education in the schools. This article explains in detail how to survey a small community and how to use the results of the survey to support and build a comprehensive sexuality education program for schools. Using the format presented, educators will better understand the values and attitudes of their communities. This knowledge enables educators to strengthen their leadership by forming partnerships with parents and community leaders in providing effective sexuality education.

SEX UNPLUGGED: A NATIONAL NIGHT TO TALK

An ABC TV special about young people caught between many conflicting messages, "In a New Light: Sex Unplugged," will air on June 1. Included among the topics will be abstinence, safer sex, early detection and intervention, and disease prevention. This is the latest installment of the "In a New Light" AIDS series, produced by Joseph F. Lovett.

To take advantage of this frank discussion on primetime network television, a campaign titled, "Sex Unplugged: A National Night to Talk" has been created. Its goal is to bring together young people, their parents, teachers, role models, and community leaders to watch the show and take part in a coast-to-coast conversation on sex and health in the age of AIDS. Groups that register their "viewing event" will be sent materials on disease prevention and an official ABC companion guide for the program. For more information or to register a "viewing event," contact David Kirby, National Coordinator, Sex Unplugged: A National Night to Talk, 19 Van Dam Street, New York, NY 10013 (212)675-6030.

EDUCATIONAL RESOURCES

- *HIV and Sports: Understanding Our Responsibility*, an edited videotape of a national satellite teleconference that aired October 19, is now available. The videotape is designed to help state athletic/activity association staff, school administrators, and coaches understand their responsibilities and opportunities to educate young

people and parents on the issues of HIV and other blood-borne pathogens. The 60-minute video explores HIV and other blood-borne pathogens, ways sports organizations have responded, universal precautions and how they are used, appropriate responses to an HIV-positive student participant, and steps a school can take to incorporate information about health-related topics to participants and parents. Copies are available for \$19.95 plus \$6 shipping from: National Federation Order Department, PO Box 20626, Kansas City, MO 64195-0626 (800)366-6667.

- The Centers for Disease Control offer two resources for persons needing accurate information immediately. The CDC Voice Information System can be reached at (404)332-4555, and the

CDC FAX Information System is available at (404)332-4565.

STATISTICAL BRIEFS

- Teenagers watch television an average of 21 hours a week. By age 18, teens will have seen as many as 18,000 televised murders and 800 suicides.
- Each month, nearly 300,000 students are assaulted on their way to or in high school.
- Nearly half of all rapes or sexual abuse of women occur before the age of 14.
- Over 12 million women in the U.S. have been raped at least once. One in 14 Americans ages 18-22 have experienced at least one act of nonconsensual sexual activity or rape.

MONTANA RESIDENT & NON-RESIDENT AIDS CASES*

1. <u>Disease Category</u>	Adult/Adolescent				Pediatric				Total			
	<u>Cases</u>	<u>(%)</u>	<u>Deaths</u>	<u>(%)</u>	<u>Cases</u>	<u>(%)</u>	<u>Deaths</u>	<u>(%)</u>	<u>Cases</u>	<u>(%)</u>	<u>Deaths</u>	<u>(%)</u>
TOTAL	245	(100)	156	(64)	3	(100)	2	(100)	245	(100)	158	(64)
2. <u>Age</u>	<u>Cases</u> <u>(%)</u>		3. <u>Race/Ethnicity</u>	Adult/Adolescent		Pediatric		Total				
	<u>Cases</u>	<u>(%)</u>		<u>Cases</u>	<u>(%)</u>	<u>Cases</u>	<u>(%)</u>					
Under 13	3	(1)	White, not Hispanic	216	(88)	1	(33)	217	(87)			
13-19	2	(1)	Black, not Hispanic	6	(2)	0	(0)	6	(3)			
20-29	59	(24)	Hispanic	8	(4)	0	(0)	8	(3)			
30-39	113	(46)	Native American	15	(6)	2	(67)	17	(7)			
40-49	46	(18)	Unknown	0	(0)	0	(0)	0	(0)			
Over 49	25	(10)										
Unknown	(0)											
TOTAL	248	(100)	TOTAL	245	(100)	3	(100)	248	(100)			

Exposure Category	Adult/Adolescent				Pediatric			
	Males	(%)	Females	(%)	Males	(%)	Females	(%)
Men Who Have Sex With Men	146	(66)	0	(0)	0	(0)	0	(0)
Intravenous (IV) Drug User	26	(12)	2	(9)	0	(0)	0	(0)
Homo/Bi IV Drug User	27	(12)	0	(0)	0	(0)	0	(0)
Hemophilic	7	(3)	0	(0)	0	(0)	0	(0)
Heterosexual Contact	6	(3)	14	(61)	0	(0)	0	(0)
Transfusion with blood/products	4	(2)	4	(17)	0	(0)	0	(0)
None of the above/other	6	(2)	3	(13)	0	(0)	0	(0)
TOTAL	222	(100)	23	(100)	245	(100)	245	(100)
Hemophilic	Adult/Adolescent				Pediatric			
	Males	(%)	Females	(%)	Males	(%)	Females	(%)
Parent at risk/has AIDS/HIV	0	(0)	0	(0)	0	(0)	0	(0)
Transfusion with blood/products	2	(100)	1	(100)	0	(0)	0	(0)
None of the above/other	0	(0)	0	(0)	0	(0)	0	(0)
TOTAL	2	(100)	1	(100)	3	(100)	3	(100)

Source: Montana AIDS/STD Program, MDHES, through January 31, 1995.

*Includes 173 Montana AIDS cases and 72 cases reported to Centers for Disease Control from other states and who have moved to Montana.

As of January 31, 1995, there have been 464 cumulative positive HIV tests from 68,063 tests conducted through the MDHES Public Health Laboratory since 1985. Nationally, as of June 30, 1994, 401,749 cases of AIDS and 243,423 deaths have been reported to the Centers for Disease Control.

Funded through a cooperative agreement with: Centers for Disease Control and Prevention, Center for Chronic Disease Prevention and Health Promotion, Division of Adolescent and School Health, Atlanta, GA 30333.

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